

Circle Process:	Title: Introducing Circles to Staff	6/23/23
Circle Seating	Arrange chairs in a circle, put talking pieces in the middle	
Mindfulness Moment	<i>Welcome. Please mute or turn off cell phones. Pause, breathe, and let go of thoughts of the day before the circle. *Silently count to 5.</i>	
State the Purpose	<i>The purpose is to create an opportunity for a direct experience of being in Circle for staff; and to introduce basic elements of the Circle. *Pause for video.</i>	
Opening activity	*Fusion video	
Centerpiece and Talking piece	<i>The Centerpiece is here for us to focus our attention. We use the talking pieces to answer questions in rounds, we pass it from person to person, never skipping anyone. You are invited to speak and can always pass. I am the keeper and I can talk without the talking piece to help facilitate the circle.</i>	
Introductions and Check-in round (Keeper starts)	<i>What is your name? How are you doing today?</i>	
Values (Keeper starts)	<i>Share a value you bring to your workplace as educators and want to model for students. *Keeper writes values on a paper, put in the center</i>	
Guidelines (Keeper starts)	<i>I'll read a guideline then pass the paper to the next person to read one and so on. *Pause until after all guidelines have been read. Thumbs up, that you agree to the Guidelines. *After reading, put paper in the center</i>	
Round 1: Trust Building (Keeper starts)	<i>What is a highlight from Morro Bay? Either at the conference or around town?</i>	
Round 2: Trust Building (Keeper starts)	<i>Tell us how long you have been in education and why you chose to work in education.</i>	
Round 3: Discussion (Keeper goes last)	<i>Tell us about a proud moment in your career as an educator.</i>	
Round 4: Discussion (Keeper goes last)	<i>How did it feel to share these experiences and thoughts in this Circle?</i>	
Closing Round/ Check out	<i>Show on your hands, on a scale of 1-10, how was our circle? *Pause for hand scales. Thank you for participating in our Circle.</i>	
Closing activity	*Fusion video	

Values



Circle Guidelines

1. Respect the talking piece
2. Just say enough
3. Listen from the heart
4. Speak from the heart
5. Be your best self
6. What is shared in the circle,
stays in the circle